

MAYA TAMIR
CURRICULUM VITAE

PERSONAL INFORMATION

Professional Address: Department of Psychology,
The Hebrew University
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EDUCATION

2004 Ph.D. in Psychology, University of Illinois at Urbana-Champaign,
Major: Social, Personality, and Organizational Psychology
Minor: Cognitive Psychology

2001 M.A. in Psychology, University of Illinois at Urbana-Champaign

1999 B.A. in Psychology and Business, Tel-Aviv University, Tel-Aviv, Israel

PROFESSIONAL EXPERIENCE

2018-present Chair of Psychology Department, The Hebrew University

2015-present Professor of Psychology, The Hebrew University

2016-2017 Visiting Research Scholar, Department of Psychology, The University of California, Berkeley

2012-2015 Associate Professor of Psychology, The Hebrew University

2010-2012 Senior Lecturer of Psychology, The Hebrew University

2010-2013 Research Assistant Professor of Psychology, Boston College

2006-2010 Assistant Professor of Psychology, Boston College

2004-2006 Postdoctoral Fellow, Stanford University

HONORS AND AWARDS

2017 Elected Fellow, Association for Psychological Science

2013 Ben-Porat President's Award for Exceptional Young Scientist, The Hebrew University

2011 The Golda Meir Fellowship Award, The Hebrew University

2010 The Allon Fellowship for Outstanding Researchers, The Israeli Council for Higher Education

2008 Research Expense Grant, Boston College (\$4,000)

2007-2008	Teaching, Advising and Mentoring Grant (\$11,000), Boston College
2004	American Psychological Association Dissertation Research Award
2004	Society for Personality and Social Psychology (APA Division 8) Award for Best Student-Authored Publication
2003	Positive Psychology Pod Research Funding (\$5,000)
2003	Society for Personality and Social Psychology Student Travel Award
2003	Positive Psychology Summer Institute
2003	Summer Institute in Social Psychology – Social Neuroscience
2003	University of Illinois’s Graduate College On-Campus Dissertation Grant
2002-2003	University of Illinois Fellowship and Dallenbach Fellowship
2002	Nancy Hirschberg memorial award for outstanding research or scholarship

EXTERNAL FUNDING

June 2017- June 2018	National Institute of Testing and Evaluation Grant Title: “Reducing Test Anxiety and Improving Test Performance by Manipulating the Perceived Attainability of Emotion Regulation” ₪30,000 (-\$8,600)
Oct 2015 – Sep 2019	Israel Science Foundation Grant 934/15 Grant Title: “Emotion Regulation Goals in Depression: Their Nature, Antecedents and Implications” ₪960,000 (-\$275,000)
Jan 2014 – Dec 2016	German Israeli Foundation Grant Title: "Emotion Regulation in Intergroup Conflicts: A New Avenue for Conflict Resolution" Collaboration with Eran Halperin & Christopher Cohrs €165,000 (-\$219,000)
Aug 2011 – July 2015	Israel Science Foundation Grant 794/11 Grant Title: “Implicit Attitudes toward Emotions: Links to Cognition and Behavior” ₪655,000 (-\$190,000)
Oct 2010 – Sep 2014	European Union International Reintegration Grant Grant Title : “The Role of Beliefs about Control in Emotion Regulation” €100,000 (-\$140,000)
Sep 2009 – Aug 2013	National Science Foundation Grant SES-0920918 Grant Title: "What Do People Want to Feel? Strategic Emotion Regulation in Negotiations" \$300,000

PUBLICATIONS

- Tamir, M., Vishkin, A., & Gutentag, T. (in press). Emotion regulation is motivated. *Emotion*.
- Porat, R., Tamir, M., & Halperin, E. (in press). Group-Based Emotion Regulation: A Motivated Approach. *Emotion*.
- Tamir, M., Halperin, E., Porat, R., Bigman, Y. E., & Hasson, Y. (in press). When there's a will, there's a way: Disentangling the effects of goals and means in emotion regulation. *Journal of Personality and Social Psychology*.
- Ben-Nun Bloom P., Vishkin, A., Ben-Nun, P., Korenman, M. & Tamir, M. (in press): Religion and Anti-Immigration Sentiments in Context: Field Studies in Jerusalem. *The International Journal for the Psychology of Religion*.
- Benita, M., Kehat, R., Zaba, R., Blumenkrantz, Y., Kessler, G., Bar-Sella, A., & Tamir, M. (in press). Choosing to regulate emotions: Pursuing emotion goals in autonomy supportive and controlling contexts. *Personality and Social Psychology Bulletin*.
- Hasson, Y., Tamir, M., Brahm, K.S., Cohrs, J.C., & Halperin, E. (in press) Are liberals and conservatives equally motivated to feel empathy toward others? *Personality and Social Psychology Bulletin*.
- Porat, R., Tamir, M., Wohl, M., Gur, T & Halperin, E. (in press). Motivated emotion and the rally around the flag effect: Liberals are motivated to feel collective angst (like Conservatives) when faced with existential threat. *Cognition and Emotion*.
- Vishkin, A., Ben-Non Bloom, P., & Tamir, M. (in press). Always look on the bright side of life: Religiosity, emotion regulation and well-being in a Jewish and a Christian Sample. *Journal of Happiness Studies*.
- Millgram, Y., & Tamir, M. (in press). Positive and Negative Emotion Regulation Goals in Psychopathology. To appear in Gruber, J. (Ed.), *Oxford Handbook of Positive Emotion and Psychopathology*. Oxford University Press.
- Hasan-Aslih, S., Netzer, L., Tamir, M., Saguy, T., Van Zomeren, M., Halperin, E. (in press). When we want them to fear us: the motivation to influence outgroup emotions in collective action. *Group Processes and Intergroup relations*.
- Millgram, Y., Joormann, J., Huppert, J. D., Lampert, A., & Tamir, M. (2019). Motivations to experience happiness and sadness in depression: Temporal stability and implications for coping with stress. *Clinical Psychological Science*, 7, 143-161.

- Millgram, Y., Sheppes, G., Kuppens, P., Kalokerinos, E. K., & Tamir, M. (2019). Do the ends dictate the means in emotion regulation? *Journal of Experimental Psychology: General*, *148*, 80-96.
- Schwartz, A., Eyal, T., & Tamir, M. (2018). Emotions and the big picture: The effects of construal level on emotional preferences. *Journal of Experimental Social Psychology*, *78*, 55-65
- Salomon, T., Botvinik-Nezer, R., Gutentag, T., Gera, R., Iwanir, R., Tamir, M., & Schonberg, T. (2018). The cue-approach task as a general mechanism for long-term non-reinforced behavioral change. *Scientific Reports*, *8*, 3614.
- Netzer, L., Gutentag, T., Kim, M. Y., Solak, N., & Tamir, M. (2018). Evaluations of emotions: Distinguishing between affective, behavioral and cognitive components. *Personality and Individual Differences*, *135*, 13-24.
- De Castella, Platow, Tamir, & Gross (2018). Beliefs about emotion: Implications for avoidance-based emotion regulation and psychological health. *Cognition and Emotion*, *32*, 773-795.
- Tamir, M. (2018). Commentary on Jamieson, Hangen, Lee and Yaeager: What Should We Regulate to Promote Adaptive Functioning and How? *Emotion Review*, *10*, 65-57.
- Shoval, N., Schvimer, Y., & Tamir, M. (2018). Real-time measurement of tourists' objective and subjective emotions in time and space. *Journal of Travel Research*, *57*, 3-16.
- Ma, X., Tamir, M. & Miyamoto, Y. (2018). A socio-cultural instrumental approach to emotion regulation: Culture and the regulation of positive emotions. *Emotion*, *18*, 138-152.
- Tamir, M., & Bigman, Y. E. (2018). Expectations influence how emotions shape behavior. *Emotion*, 15-25.
- Tamir, M., & Gutentag, T. (2017). Desired emotional states: Their nature, causes, and implications for emotion regulation. *Current Opinion in Psychology*, *17*, 84-88.
- Bigman, Y. E., Sheppes, G., & Tamir, M. (2017). Less is more in emotion regulation: The availability of regulation options impairs efficacy. *Emotion*, *17*, 993-1006.
- Tamir, M., Schwartz, S. H., Oishi, S., & Kim, M. (2017). The secret to happiness: Feeling good or feeling right? *Journal of Experimental Psychology: General*, *146*, 1448-1459.
- Markovitch, N., Netzer, L., & Tamir, M. (2017). What you like is what you try to get: Attitudes toward emotions and situation selection. *Emotion*, *17*, 728-739.

- Kalokerinos, E. K., Tamir, M., & Kuppens, P. (2017). Instrumental motives in negative emotion regulation in daily life: Frequency, consistency, and predictors. *Emotion, 17*, 648-657.
- Gutentag, T., Halperin, E., Porat, R., Bigman, Y., & Tamir, M. (2017). Successful emotion regulation requires both conviction and skill: Beliefs about the controllability of emotions, reappraisal, and regulation success. *Cognition and Emotion, 31*, 1225-1233.
- Tamir, M., & Millgram, Y. (2017). Motivated Emotion Regulation: Principles, Lessons, and Implications of a Motivational Analysis of Emotion Regulation. In A. J. Elliot (Ed.), *Advances in Motivation Science* (pp. 207–247).
- Bigman, Y. & Tamir, M. (2016). The road to heaven is paved with effort: Perceived effort amplifies moral judgment. *Journal of Experimental Psychology: General, 145*, 1654-1669.
- Bigman, Y., Mauss, I. B., Gross, J. J., & Tamir, M. (2016). Yes I can: Self-efficacy beliefs promote successful emotion regulation. *Cognition and Emotion, 30*, 1380-1387.
- Tamir, M., Schwartz, S. H., Cieciuch, J., Riediger, M., Torres, C., Scollon, C., Dzokoto, V., Zhou, X., Vishkin, A. (2016). Desired emotions across cultures: A value-based account. *Journal of Personality and Social Psychology, 111*, 67-82.
- Porat, R., Halperin, E., & Tamir, M. (2016). What we want is what we get: Group-based emotional preferences and conflict resolution. *Journal of Personality and Social Psychology, 110*, 167-190.
- Tamir, M. (2016). Why do people regulate their emotions? A taxonomy of motives in emotion regulation. *Personality and Social Psychology Review, 20*, 199-222.
- Kivity, Y., Tamir, M., & Huppert, J. D. (2016). Self-acceptance of negative emotions: The positive relationship with effective cognitive reappraisal. *International Journal of Cognitive Therapy, 9*, 279-294.
- Vishkin, A., Bigman, Y. E., Porat, R., Solak, N., Halperin, E., & Tamir, M. (2016). God rest our hearts: Religiosity and cognitive reappraisal. *Emotion, 16*, 252-262.
- Porat, R., Halperin, E., Mannheim, I., & Tamir, M. (2016). Together we cry: Social motives and preferences for group-based sadness. *Cognition and Emotion, 30*, 66-79.
- Markovitch, N., Netzer, L., & Tamir, M. (2016). Will you touch a dirty diaper? Attitudes toward emotions and behavior. *Cognition and Emotion, 30*, 592-602.
- Wayne, C., Porat, R., Tamir, M., & Halperin, E. (2016). Rationalizing conflict: The polarizing role of accountability in ideological decision-making. *Journal of Conflict Resolution, 60*, 1473-1502.

- Ford, B. Q., Dmitrieva, J. O., Heller, D., Chentsova-Dutton, Y., Grossmann, I., Tamir, M., Uchida, Y., Koopmann-Holm, B., Uhrig, M., Floerke, V., Bokhan, T., & Mauss, I. B. (2015). Culture shapes whether the pursuit of happiness predicts higher or lower well-being. *Journal of Experimental Psychology: General*, 144, 1053-1062.
- Netzer, L., Van Kleef, G. A., Tamir, M. (2015). Interpersonal Instrumental Emotion Regulation. *Journal of Experimental Social Psychology*, 58, 124-135.
- Kim, M. Y., Ford, B. Q., Mauss, I. B., Tamir, M. (2015). Knowing when to seek anger: Psychological health and context-sensitive emotional preferences. *Cognition and Emotion*, 29, 1126-1136.
- Millgram, Y., Joormann, J., Huppert, J. D., & Tamir, M. (2015). A Matter of Choice? Maladaptive Emotion Regulation Goals in Depression. *Psychological Science*, 26, 1216-1228.
- Netzer, L., Igra, L., Bar Anan, Y., & Tamir, M. (2015). When Bad Emotions seem Better: Experience Changes the Automatic Evaluation of Anger. *Social Psychological and Personality Science*, 6, 797-804.
- Kim, M. Y., Bigman, Y., & Tamir, M. (2015). Emotion regulation. Chapter to appear in J. D. Wright (Ed.), *International Encyclopedia of Social and Behavioral Sciences*, 2nd Ed. (pp. 452-456). Oxford, UK: Elsevier.
- Tamir, M., Bigman, Y., Rhodes, E., Salerno, J., & Schreier, J. (2015). An expectancy-value model of emotion regulation: Implications for motivation, emotional experience, and decision-making. *Emotion*, 15, 90-103.
- Vishkin, A., Bigman, Y., & Tamir, M. (2014). Religion, emotion regulation, and well-being. In C. Kim-Prieto (Ed.), *Positive Psychology of Religion and Spirituality across Cultures* (pp. 247-269). New York, NY: Springer.
- Tamir, M., & Bigman, Y. (2014). Why might people want to feel bad? Motives in contra-hedonic emotion regulation. In W. G. Parrott (Ed.), *The Positive Side of Negative Emotions* (pp. 201-223). New York, NY: Guilford Press.
- Mauss, I. B., & Tamir, M. (2014). Emotion goals: How their content, structure, and operation shape emotion regulation. In J. J. Gross (Ed.), *The Handbook of Emotion Regulation*, 2nd Ed (pp. 361-375). New York, NY: Guilford Press.
- Ford, B. Q., & Tamir, M. (2014). Preferring familiar emotions: As you want (and like) it? *Cognition and Emotion*, 28, 311-324.
- Tamir, M., Ford, B. Q., & Gilliam, M. (2013). Evidence for utilitarian emotion regulation. *Cognition and Emotion*, 27, 483-491.

- Goldstein, T. R., Tamir, M., & Winner, E. (2013). Expressive suppression and acting classes. *Psychology of Aesthetics, Creativity, and the Arts*, 7, 191-196.
- Tamir, M., Ford, B. Q., & Ryan, E. (2013). Nonconscious Goals Can Shape What People Want to Feel. *Journal of Experimental Social Psychology*, 49, 292-297.
- Halperin, E., Porat, R., Tamir, M., & Gross, J. J. (2013). Can emotion regulation change political attitudes in intractable conflict? From the laboratory to the field. *Psychological Science*, 24, 106-111.
- Tamir, M., & Ford, B. Q. (2012). Should people pursue feelings that feel good or feelings that do good? Emotional preferences and well-being. *Emotion*, 12, 1061-1070.
- Mauss, I. B., Savino, N. S., Anderson, C. L., Weisbuch, M., Tamir, M., & Ludenslager, M. L. (2012). The pursuit of happiness can be lonely. *Emotion*, 12, 908-912.
- Ford, B. Q. & Tamir, M. (2012). When getting angry is smart: Emotional preferences and emotional intelligence. *Emotion*, 12, 685-689.
- Tamir, M., & Ford, B. Q. (2012). When feeling bad is expected to be good: Emotion regulation and outcome expectancies in social conflicts. *Emotion*, 12, 807-816.
- Ford, B. Q., Tamir, M., Gagnon, S., Taylor, H., & Brunye, T. (2012). The angry spotlight: Trait anger and selective visual attention to rewards. *European Journal of Personality*, 26, 90-98.
- Rusk, N., Rothbaum, F., & Tamir, M. (2011). Performance and learning goals for emotion. *Motivation and Emotion*, 35, 444-460.
- Mauss, I. B., Tamir, M., Anderson, C. L., & Savino, N. S. (2011). Can seeking happiness make people unhappy? Paradoxical effects of valuing happiness. *Emotion*, 11, 807-815.
- Gruber, J., Mauss, I. B., & Tamir, M. (2011). A dark side of happiness? How, when, and why happiness is not always good. *Perspectives in Psychological Science*, 6, 222-233.
- Tamir, M. (2011). The maturing field of emotion regulation. *Emotion Review*, 3, 3-7.
- Tamir, M., & Mauss, I. B. (2011). Social cognitive factors in emotion regulation: Implications for well-being. In I. Nyklicek, A. Vingerhoets, M. Zeelenberg, & J. Donellet (Eds.), *Emotion regulation and well-being* (pp. 31-47). Springer.
- Tamir, M., & Gross, J. J. (2011). Beyond pleasure and pain? Emotion regulation and positive psychology. In K. Sheldon, T. Kashdan, & M. Steger (Eds.), *Designing the future of positive psychology: Taking stock and moving forward* (pp. 89-100). Oxford University Press.

- Robinson, M. D., & Tamir, M. (2011). A task-focused mind is a happy and productive mind: A processing perspective. In K. Sheldon, T. Kashdan, & M. Steger (Eds.), *Designing the future of positive psychology: Taking stock and moving forward* (pp. 160-174). Oxford University Press.
- Hackenbracht, J. & Tamir, M. (2010). Preferences for sadness when eliciting help: Instrumental motives in sadness regulation. *Motivation and Emotion*, 34, 306-315.
- Holland, A., Kensinger, E. A., & Tamir, M. (2010). The effect of regulation goals on emotional event-specific knowledge. *Memory*, 18, 504-521.
- Ford, B. Q., Tamir, M., Brunye, T. T., Shirer, W. R., Mahoney, C. R., & Taylor, H. A. (2010). Keeping your eyes on the prize: Anger and visual attention to threats and rewards. *Psychological Science*, 21, 1098-1105.
- Tamir, M., & Ford, B. Q. (2009). Choosing to be afraid: Preferences for fear as a function of goal pursuit. *Emotion*, 9, 488-497.
- Tamir, M. (2009). What do people want to feel and why? Pleasure and utility in emotion regulation. *Current Directions in Psychological Science*, 18, 101-105.
- Srivastava, S., Tamir, M., McGonigal, K. M., John, O. P., & Gross, J. J. (2009). The social costs of emotional suppression: A prospective study of the transition to college. *Journal of Personality and Social Psychology*, 96, 883-897.
- Tamir, M. (2009). Differential preferences for happiness; Extraversion and trait-consistent emotion regulation. *Journal of Personality*, 77, 447-470.
- Robinson, M. D., Meier, B. P., Tamir, M., Wilowski, B.M., & Ode, S. (2009). Behavioral facilitation: A cognitive model of individual differences in approach motivation. *Emotion*, 9, 70-82.
- Tamir, M., & Diener, E. (2008). Approach-avoidance goals and well-being: One size does not fit all. In A. J. Elliot (Ed.), *Handbook of approach and avoidance motivation* (pp. 415-430). Mahwah, NJ: Erlbaum
- Tamir, M., Mitchell, C., & Gross, J. J. (2008). Hedonic and instrumental motives in anger regulation. *Psychological Science*, 19, 324-328.
- Tamir, M., Chiu, C. Y., & Gross, J. J. (2007). Business or pleasure? Utilitarian versus hedonic considerations in emotion regulation. *Emotion*, 7, 546-554.
- Tamir, M., & Robinson, M. D. (2007). The happy spotlight: Positive mood and selective attention to rewarding information. *Personality and Social Psychology Bulletin*, 33, 1124-1136.

- Tamir, M., John, O. P., Srivastava, S., & Gross, J. J. (2007). Implicit theories of emotion: Affective and social outcomes across a major life transition. *Journal of Personality and Social Psychology*, *92*, 731-744.
- Tamir, M., Robinson, M. D., & Solberg, E. C. (2006). You may worry, but can you recognize threats when you see them?: Neuroticism, threat identifications, and negative affect. *Journal of Personality*, *74*, 1481-1506.
- Diener, E., Tamir, M., & Scollon, C. N. (2006). Happiness, life satisfaction, and fulfillment: The social psychology of subjective well-being. In P. Van Lange (Ed.), *Bridging social psychology* (pp. 319-324). Mahwah, NJ: Erlbaum.
- Tamir, M. (2005). Don't worry, be happy? Neuroticism, trait-consistent affect regulation, and performance. *Journal of Personality and Social Psychology*, *89*, 449-461.
- Kim-Prieto, C., Diener, E., Tamir, M., Scollon, C. N., & Diener, M. (2005). Integrating the diverse definitions of happiness: A time-sequential framework of subjective well-being. *Journal of Happiness Studies*, *6*, 261-300.
- Robinson, M. D., & Tamir, M. (2005). Neuroticism as mental noise: A relation between neuroticism and reaction time standard deviations. *Journal of Personality and Social Psychology*, *89*, 107-114.
- Tamir, M., & Robinson, M. D. (2004). Knowing good from bad: The paradox of neuroticism, negative affect, and evaluative processing. *Journal of Personality and Social Psychology*, *87*, 913-925.
- Tamir, M., Robinson, M. D., Clore, G. L., Martin, L. L., & Whitaker, D. (2004). Are we puppets on a string?: The contextual meaning of unconscious expressive cues. *Personality and Social Psychology Bulletin*, *30*, 237-249.
- Biswas-Diener, R., Diener, E., & Tamir, M. (2004). What the Greeks and self-help books haven't told you about happiness. *Daedalus*, 18-25.
- Robinson, M. D., Vargas, P. T., Tamir, M., & Solberg, E. C. (2004). Using and being used by categories: The case of negative evaluations and daily well-being. *Psychological Science*, *15*, 521-526.
- Robinson, M. D., Solberg, E. C., Vargas, P., & Tamir, M. (2003). Trait as default: Extraversion, subjective well-being, and the distinction between neutral and positive events. *Journal of Personality and Social Psychology*, *85*, 517-527.
- Robinson, M. D., Rokke, P. D., & Tamir, M. (2003). Feeling about thinking: The role(s) of affect in social cognition. *Contemporary Psychology: APA Review of Books*, *48*, 356-358.

Tamir, M., Robinson, M. D., & Clore, G. L. (2002). The epistemic benefits of trait-consistent mood states: An analysis of extraversion and mood. *Journal of Personality and Social Psychology*, 83, 663-677.

Clore, G. L., & Tamir, M. (2002). Affect as embodied information. *Psychological Inquiry*, 13, 37-45.

CONFERENCES ORGANIZED

2008-2009 Emotion preconference to the annual meeting of the Society of Personality and Social Psychology, co-organizer.

CONFERENCE SYMPOSIA CHAIRED

Tamir, M. (2013, September). *Emotion and its Regulation in Intergroup Conflicts*. Chair, Symposium presented at the annual meeting of the Society of Experimental Social Psychology, Berkeley, CA.

Tamir, M. (2011, January). *Too Much of a Good Thing? A Closer Look at Happiness and Well-Being*. Chair, Symposium presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.

Tamir, M. (2009, February). *What Do People Want to Feel? Exploring Motives in Emotion Regulation*. Chair, Symposium presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Tamir, M., & Gross, J. J. (2005, January). *Individual Differences in Affect Regulation*. Co-Chairs, Symposium presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

KEYNOTES AND INVITED TALKS

Tamir, M. (2018). *The End is the Beginning: Emotion Goals Drive Emotion Regulation*. Invited talk at the annual meeting of the Association for Psychological Science, San Francisco, CA.

Tamir, M. (2018). *Emotion as Placebo*. Invited talk at the annual meeting of the Society for Affective Science, Los Angeles, CA.

Tamir, M. (2017). *Feeling Good vs. Feeling Right*. Invited talk at the Positive Emotions Pre-Conference to the annual meeting of the Society for Affective Science, Boston, MA.

- Tamir, M. (2016). *Anger: The Good, Bad, and the Malleable*. Invited talk at the 28th annual convention of the Association for Psychological Science, Chicago, IL.
- Tamir, M. (2015). *What Do People Want to Feel and Why?: Goals and Motives in Emotion Regulation*. Invited keynote address to be presented at the 6th International Conference on emotions, emotion regulation and health, Tilburg, Netherlands.
- Tamir, M., & Halperin, E. (2015). *Motivated Intergroup Emotion Regulation*. Invited presentation at the Emotion Pre-Conference to the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Tamir, M. (2014). *Evaluating emotions*. Invited presentation at the Inaugural conference of the Society for Affective Science, Washington DC.
- Tamir, M., (2013). *Social Motives in Emotion Regulation*. Invited presentation at the Amsterdam Symposium on the Social Nature of Emotions, Amsterdam, Netherlands.

CONFERENCE PAPER PRESENTATIONS

- Netzer, L., Markovitch, N., & Tamir, M. (2015). *Implicit Attitudes towards Emotions and Emotion Regulation*. Paper presented at the 6th International Conference on emotions, emotion regulation and health, Tilburg, Netherlands
- Tamir, M., & Bigman, Y. (2015). *The Emotional Placebo Effect*. Paper presented at the annual conference of the Society of Experimental Social Psychology, Denver, Colorado.
- Tamir, M., & Millgram, Y. (2015). *Emotion Regulation Goals in Depression*. Paper to be presented at the annual congress of the European Association for Behavioural and Cognitive Therapies, Jerusalem, Israel.
- Millgram, Y., & Tamir, M. (2015). *Believing in Change: Implicit Theories of Emotion and Emotion Regulation Goals in Depression*. Paper to be presented at the annual congress of the European Association for Behavioural and Cognitive Therapies, Jerusalem, Israel.
- Bigman, Y., & Tamir, M., (2015). *Emotion-Behavior Links as Self Fulfilling Prophecies*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Cieciuch, J., Davidov, E., Beierlein, C., Schmidt, P., Döring, A. K., Rammstedt, B., Zercher, F., Soutar, G., Louviere, J., Lee, J. A., Tamir, M., Algesheimer, R., & Schwartz, S. H. (2014). *Advances in Basic Human Value Assessment*. Paper presented at the annual meeting of the International Association of Cross-Cultural Psychology, Reims, France.

- Netzer, L., Van Kleef, G. A., & Tamir, M. (2014). *Interpersonal Instrumental Emotion Regulation*. Paper presented at the Consortium of European Research on Emotion Conference (CERE), Berlin, Germany.
- Porat, R., Halperin, E., & Tamir, M. (2014). *Why feel empathetic when you can get angry? Emotional preferences in intractable conflicts*. Paper presented at the Consortium of European Research on Emotion, Berlin, Germany.
- Mauss, I. B., & Tamir, M. (2014). *Less Is More: Emotion Goals, Emotion Experience, and Psychological Health*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Tamir, M., Porat, R., & Halperin, E. (2013). *What do people want to feel in intractable conflicts?* Paper presented at the annual meeting of the Society of Experimental Social Psychology, Berkeley, CA.
- Parrott, W. G., Chentsova Dutton, Y., & Tamir, M. (2013). *Cultural variability in beliefs about the functions of negative emotions*. Paper presented at the meeting of the International Society for Research on Emotion, Berkeley, CA.
- Tamir, M. (2013). *Ask not what you can do for your emotions, but what your emotions can do for you*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Halperin, E., Porat, R., Tamir, M., & Gross, E. (2012). *Can emotion regulation change political attitudes in intractable conflict? From the laboratory to the field*. Paper presented at the Consortium of European Research on Emotion, Kent, UK.
- Halperin, E., Wayne, C., Porat, R & Tamir, M. (2012). *Motivation to regulate emotion in political-conflict decision making: The role of accountability and beliefs about emotions*. Paper presented at the ISPP meeting, Chicago, IL.
- Tamir, M. (2011). *Traits as Emotional Affordances: Trait Anger and Instrumental Emotion Regulation*. Paper presented at the annual meeting of the Society of Experimental Social Psychology, Washington DC.
- Tamir, M. & Ford, B. Q. (2011). *Is Seeking Happiness Always Adaptive? Emotional Preferences and Well-Being*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Tamir, M. (2009). *What Will I Get Out of It? Expected Utility and Preferences for Anger*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

- Tamir, M., & Robinson, M. D. (2006). *A happy spotlight: The effects of positive affect on selective attention*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Robinson, M. D., & Tamir, M. (2006). *Epistemic consequences of mood for affective processing: Interactions of mood and personality*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Tamir, M. (2005). *Mood regulation preferences as a function of personality and situational demands*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Tamir, M., Robinson, M. D., & Clore, G. L. (2001). *Trait-state congruency in affective processing*. Paper presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Clore, G. L., Robinson, M. D., Tamir, M., & Centerbar, D. (2002). *When emotions make emotions*. Paper presented at the International Society for Research in Emotions, Cuenca, Spain.
- Clore, G. L., Robinson, M. D., Tamir, M., & Centerbar, D. (2002). *Are emotions responses to stimuli or interpretations of stimuli?* Paper presented at the annual meeting of the Society for Personality and Social Psychology, Savannah, TX.

CONFERENCE POSTER PRESENTATIONS

- Villanueva, C. M., Millgram, Y., Tamir, M., & Gruber, J. (2017). *How we want to feel: Explicit preferences for emotion valence and volatility in bipolar I disorder*. Poster accepted to the 31st Annual Meeting of the Society for Research in Psychopathology (SRP), Denver, CO.
- Bigman Y. & Tamir, M. (2015). *Beyond Good and Evil – The Morality of Effort*. Poster to be presented at the pre-conference on morality and justice, the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Netzer, L., Van Kleef, G. A., & Tamir, M. (2015). *Interpersonal instrumental emotion regulation*. Poster to be presented at the annual conference of the Society for Affective Science (SAS), Oakland, California, USA.
- Netzer, L., & Tamir, M. (2015). *Implicit attitudes towards emotions and emotional perception*. Poster to be presented at the annual conference of the Society for Affective Science (SAS), Oakland, California, USA.
- Hansen, N.S., Tepe, E., Tamir, M., Whisman, M., & Gruber, J. (2015). *Correlates of perceived emotion malleability in bipolar I disorder and major depressive*

- disorder. Poster presented at the 48th Association for Behavioral and Cognitive Therapies (ABCT) Convention, Philadelphia, PA.
- Hansen, N.S., Tepe, E., Tamir, M., & Gruber, J. (2014). *Can feelings change? Beliefs about emotion malleability in bipolar I disorder and major depressive disorder*. Poster presented at the 28th Society for Research in Psychopathology (SRP) Convention, Evanston, IL.
- Kivity, Y., Huppert, J. D., & Tamir, M. (2011). *Acceptance as a Meta-Emotion Construct : Implications for Effective Emotion Regulation*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
- Goldstein, T. R., & Tamir, M. (2010). *When Emotions are Tools of the Trade: Acting and Emotional Acceptance*. Poster to be presented at the annual meeting of the Association of Psychological Science, Boston, MA.
- Savino, N., Anderson, C., Tamir, M., & Mauss, I. (2010). *Come On, Get Happy: The Ironic Effects of the Pursuit of Happiness*. Poster to be presented at the Emotion Preconference to the the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Ford, B. Q., Tamir, M., Brunye, T. T., Shirer, W. R., Mahoney, C. R., & Taylor, H. A. (2010). *The Angry Spotlight: The Effects of Anger on Selective Attention to Threats and Reward*. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Hackenbracht, J., & Tamir, M. (2010). *Eliciting help: instrumental motives in sadness regulation*. Poster to be presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Tamir, M., & Scollon, C. N. (2009). *Cultural Differences in Preferences for Fear and Excitement*. Poster to be presented at the annual meeting of the International Society for Research on Emotions, Leuven, Belgium.
- Ford, B. Q., Shirer, W. R., Brunye, T. T., Mahoney, C. R., Taylor, H. A., & Tamir, M. (2009). *The angry spotlight: Selective visual attention to rewards in anger*. Poster presented at The Neuroscience of Emotion: From Reaction to Regulation meeting, Medford, MA.
- Gaudios, F., & Tamir, M. (2009). *The associative learning of affective preferences*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Ford, B. Q., & Tamir, M. (2009). *Choosing to be afraid: Preferences for fear as a function of goal pursuit*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Hackenbracht, J., & Tamir, M. (2009). *Preferences for sadness when eliciting help*. Poster presented at the Emotion Preconference to the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

Tamir, M. & Robinson, M. D. (2004). *Recognizing bad things can be hedonically pleasing: Traits, implicit approach and avoidance, and mood states*. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.

Unkelbach, C., & Tamir, M. (2004). *Stimmungseinflüsse beim "Face in the Crowd" Effekt [Mood influences on the "Face in the crowd" Effect]*. Poster presented at the annual meeting of the Deutsche Gesellschaft für Psychologie (DGPs), Göttingen, Germany.

Tamir, M., Robinson, M. D., & Clore, G. L. (2000). *When do we really know what we want? Trait-state congruency in affective processing*. Poster presented at the conference of the International Society for Research on Emotions, Quebec City, Canada.

EDITORIAL DUTIES

2015-present	Co-Editor, <i>Cambridge Series on Emotion and Social Interaction</i>
2017-2019	Action Editor, <i>Journal of Personality and Social Psychology</i>
2012-2018	Action Editor, <i>Emotion Review</i>
2011-2015	Action Editor, <i>Emotion</i>
2011-2015	Editorial Board, <i>Psychological Science</i>
2011-2014	Editorial Board, <i>Journal of Experimental Psychology: General</i>
2009-2011	Co-Editor, Emotion and Motivation, <i>Social Psychology and Personality Compass</i>
2010-2011	Editorial Board, <i>Emotion</i>
2010	Guest editor, Special issue on emotion regulation, <i>Emotion Review</i>
2009-2016	Editorial Board, <i>Journal of Personality and Social Psychology</i>
2008-2015	Editorial Board, <i>Personality and Social Psychology Bulletin</i>

AD HOC REVIEWER

Behaviour Research and Therapy, Basic and Applied Social Psychology, Cognition and Emotion, Emotion, Emotion Review, European Journal of Social Psychology, Journal of Applied Social Psychology, Journal of Experimental Social Psychology, Journal of Happiness Studies, Journal of Individual Differences, Journal of Personality, Journal of Personality and Social Psychology, Journal of Research in Personality, Motivation and Emotion, Psychological Bulletin, Psychology and Aging, Personality and

Social Psychology Bulletin, Perspectives on Psychological Science, Psychological Science, Social Cognition

PROFESSIONAL SERVICE _____

2019 Co-chair, Young Investigators Panel, German-Israeli Foundation
 2016 Member, Regular Research Grant Panel, Israeli Science Foundation
 2008 Member, Minority Post Doctorate Panel, National Science Foundation

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS _____

Association for Psychological Science (Elected Fellow)
 Society for Affective Science
 Society of Experimental Social Psychology
 Society for Personality and Social Psychology

TEACHING _____

2019 Doctoral student professional workshops, Instructor
 2017-present Introduction to Psychology, Instructor
 2011-present Emotion, Instructor
 2010-2017 Emotion Regulation, Instructor
 2010-2016 Personality Psychology, Instructor
 2008-2010 Advanced Topics in Social Psychology, Instructor
 2009 The Social Psychology of Emotion, Instructor
 2006 Social Cognition, Instructor
 2002-2003 Introduction to Personality, Instructor
 2002 Research Methods in Personality Psychology, Lab instructor
 2001 Research Methods in Social Psychology, Lab instructor
 1999-2000 Introduction to Personality, Teaching assistant

MENTORING _____

Postdoctoral Fellows

Nevin Solak
 Min Kim

Doctoral Students

Emmanuel Shpigel
 Allon Vishkin
 Yossi Hasson
 Yael Millgram
 Tony Gutentag

Masters Students

Rotem Dotan,
 Reuven Nahum, 2018
 Yonatan Tzion, 2016
 Udi Franklin, 2016
 Rinat Haronian, 2016
 Avital Lampert, 2016
 Anna Rapoport, 2016
 Adi Moscovich, 2016
 Anna Schwartz, 2015
 Ittay Mannheim, 2015
 Einat Treibich, 2015

Libby Igra, 2012
 Eyal Pozniak, 2012
 Yael Millgram, 2012
 Brett Q. Ford, 2010
 Frederic Gaudios, 2009
 Joy Hackenbracht, 2009

Shira Kudish
Yochanan Bigman, 2017
Liat Netzer, 2016
Roni Porat, 2016

Limor Burot, 2015
Noami Hoffman, 2015
Ben Duek, 2014
Shir Hammer, 2014
Tamar Pelet, 2013

MEDIA COVERAGE

Want to win a negotiation? Get mad (November, 2017). *Wall Street Journal*.
 Is accepting unpleasant emotions the secret to happiness? (August, 2017). *Psychology Today*.
 A key to happiness may be 'feeling your feelings', even the negative ones (August, 2017). *Forbes*.
 The secret to happiness is giving yourself permission to feel crummy (August, 2017). *Huffpost*.
 Israeli researcher discovered why we are unhappy (August, 2017). *Walla Health*.
 What should we feel to be happy? (August, 2017). *BBC WORLD TV*
 Anger and hatred can make us feel happy, says study (August, 2017). *BBC News*.
 Secret to Happiness May Include More Unpleasant Emotions (August, 2017). *APA Press Release*.
 Are You Too Emotional? (September 2016). *US News Wellness*
 The Rationality of Anger (September, 2015). *The New York Times*
 Beyond Happiness: The Upside of Feeling Down (January, 2015). *Psychology Today*
 Maya Tamir, Guest Scientist (February, 2014). *Alachson*
 Finding Happiness in Angry Music (September, 2013). *The Atlantic*
 High on Anxiety (February, 2011). *Newsweek*
 The Benefits of Blowing Your Top (July, 2010). *The New York Times*
 The Upside of Anger (May, 2008). *Association for Psychological Science Observer*
 Das Wunder des Argerns (April, 2008). *Spektrumdirekt.com*
 Anger Has an Upside, Study Suggests (March, 2008). *ScienceDaily.com*
 How Heavy Metal Prepares You for Heavy Emotions (March, 2008). *NewScientist.com*
 Study: People Willing to Get Angry to Win (March, 2008). *United Press International*