

MAYA TAMIR
CURRICULUM VITAE
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PERSONAL INFORMATION

Professional Address: Department of Psychology,
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EDUCATION

2004 Ph.D. in Psychology, University of Illinois at Urbana-Champaign,
Major: Social, Personality, and Organizational Psychology
Minor: Cognitive Psychology

2001 M.A. in Psychology, University of Illinois at Urbana-Champaign

1999 B.A. in Psychology and Business, Tel-Aviv University, Tel-Aviv, Israel

PROFESSIONAL EXPERIENCE

2018-2021 Chair of Psychology Department, The Hebrew University

2016-2017 Visiting Research Scholar, Department of Psychology, The University of
California, Berkeley

2015-present Professor of Psychology, The Hebrew University

2012-2015 Associate Professor of Psychology, The Hebrew University

2010-2012 Senior Lecturer of Psychology, The Hebrew University

2010-2013 Research Assistant Professor of Psychology, Boston College

2006-2010 Assistant Professor of Psychology, Boston College

2004-2006 Postdoctoral Fellow, Stanford University

HONORS AND AWARDS

2021	The Klachky Prize for the Advancement of the Frontiers of Science, The Hebrew University
2017	Elected Fellow, Association for Psychological Science
2013	Ben-Porat President's Award for Exceptional Young Scientist, The Hebrew University
2011	The Golda Meir Fellowship Award, The Hebrew University
2010	The Allon Fellowship for Outstanding Researchers, The Israeli Council for Higher Education
2008	Research Expense Grant, Boston College (\$4,000)
2007-2008	Teaching, Advising and Mentoring Grant (\$11,000), Boston College
2004	American Psychological Association Dissertation Research Award
2004	Society for Personality and Social Psychology (APA Division 8) Award for Best Student-Authored Publication
2003	Positive Psychology Pod Research Funding (\$5,000)
2003	Society for Personality and Social Psychology Student Travel Award
2003	Positive Psychology Summer Institute
2003	Summer Institute in Social Psychology – Social Neuroscience
2003	University of Illinois's Graduate College On-Campus Dissertation Grant
2002-2003	University of Illinois Fellowship and Dallenbach Fellowship
2002	Nancy Hirschberg memorial award for outstanding research or scholarship

EXTERNAL FUNDING

Oct 2023- Sep2026	United States Israel - Binational Science Foundation Grant 2022305 Grant title: Motivational Strength in Emotion Regulation: Antecedents and Consequences. \$177,000 (with co-PI, Iris Mauss)
March 2022- Feb 2024	Japanese Society for the Promotion of Science and the Israel Science Foundation (JSPS-ISF) Joint Academic Research Program Grant 138/22 Grant title: "Cultural Differences in Emotion Regulation and implications for Well-Being and Health" ¥38,000 (Israeli PI)
Oct 2020- Sep 2025	Israel Science Foundation Grant 2281/20 Grant title: "Emotion Standards: How Emotions of Multiple Others Shape Experiences and Social Judgments" ₪904,000 (-\$270,000)

- Sep 2020-
Dec 2020 Social Science Research Council Rapid-Response Grant on Covid-19
Grant title: “Cross-cultural differences in motivated emotion regulation and its implications during COVID-19”
\$4,500
- July 2020-
June 2022 Joy Ventures
Grant title: “Facilitating real-time emotion regulation using data-driven, dynamic haptic textures”
\$20,000
- June 2017-
June 2018 National Institute of Testing and Evaluation
Grant Title: “Reducing Test Anxiety and Improving Test Performance by Manipulating the Perceived Attainability of Emotion Regulation”
₪30,000 (-\$8,600)
- Oct 2015 –
Sep 2020 Israel Science Foundation
Grant 934/15
Grant Title: “Emotion Regulation Goals in Depression: Their Nature, Antecedents and Implications”
₪960,000 (-\$275,000)
- Jan 2014 –
Dec 2016 German Israeli Foundation
Grant Title: "Emotion Regulation in Intergroup Conflicts: A New Avenue for Conflict Resolution"
Collaboration with Eran Halperin & Christopher Cohrs
€165,000 (-\$219,000)
- Aug 2011 –
July 2015 Israel Science Foundation
Grant 794/11
Grant Title: “Implicit Attitudes toward Emotions: Links to Cognition and Behavior”
₪655,000 (-\$190,000)
- Oct 2010 –
Sep 2014 European Union
International Reintegration Grant
Grant Title : “The Role of Beliefs about Control in Emotion Regulation”
€100,000 (-\$140,000)
- Sep 2009 –
Aug 2013 National Science Foundation
Grant SES-0920918
Grant Title: "What Do People Want to Feel? Strategic Emotion Regulation in Negotiations"
\$300,000

PUBLICATIONS

- Meyers, S., & Tamir, M. (in press). Emotion regulation versus mood regulation. *Emotion Review*.
- Tamir, M., Ito, A., Miyamoto, Y., Chentsova-Dutton, Y., Choi, J. H., Ciecuch, J., Riediger, M., Raters, A., Padun, M., Kim, M. Y., Solak, N., Jiang, Q., Wang, X., Alvarez-Risco, A., Hanoch, Y., Uchida, Y., Torres, C., Nascimento, T. G., Jahanshahi, A. A., Singh, R., Kamble, S. V., An, S., Dzokoto, V., Anum, A., Singh, B., Casternuovo, G., Pietrabissa, G., Huerta-Carvaja, M. I., Galindo-Bello, E., Ibarra, V. G. (in press). Emotion regulation strategies and psychological health across cultures. *American Psychologist*.
- Hu, D., Mizrahi Lakan, S., Kalokerinos, E., & Tamir, M. (in press). Stuck with the foot on the pedal: Depression and motivated emotion regulation in daily life. *Emotion*.
- Millgram, Y., Tamir, M., Bruck, S., & Ben-Arieh, A. (in press). Better relationships do not always feel better: Social relationships interact in predicting negative emotions in early adolescence. *Emotion*.
- Hu, D., Kalokerinos, E., & Tamir, M. (in press). Flexibility or instability? Emotion goal dynamics and mental health. *Emotion*.
- Boker Segal, N., Hu, D., Ginosar Yaari, S., & Tamir, M. (in press). Knowing me, knowing you: Are people good at regulating their emotions good at regulating another's emotions? *Emotion*.
- Tran, A., Greenaway, K. H., Kostopoulos, J., Tamir, M., Gutentag, T., Kalokerinos, E. (in press). Does interpersonal emotion regulation effort pay off? *Emotion*.
- Tamir, M. & Hu, D. (in press). Emotion goals. In J.J. Gross & B.Q. Ford (Eds.). *Handbook of emotion regulation* (3rd edition). New York, NY: Guilford Press.
- Chentsova-Dutton, Y., Tuna, E., & Tamir, M. (in press). Emotion regulation and psychopathology across cultures. In J.J. Gross & B.Q. Ford (Eds.). *Handbook of emotion regulation* (3rd edition). New York, NY: Guilford Press.
- Vishkin, A., & Tamir, M. (2023). Emotions Norms are Unique. *Affective Science*, 4, 453-457.
- Boker Segal, N., Ran, S., Hu, D., Halperin, E., Tamir, M., Reifen-Tagar, M. (2023). Mothers' Motivation to Encourage Group-Based Empathy in thier Children as a Function of Type and Extent of Group Identification. *Journal of Social Psychology*, 54, 218-224.
- Gutentag, T., Kalokerinos, E. K., & Tamir, M. (2023). Beliefs about the ability to control specific emotions. *Motivation and Emotion*, 47, 448-460.

- Miyamoto, Y., Tamir, M., & Choi, J. H. (in press). Culture and emotion regulation. In J. Dr. Leersnyder (Ed.), *The Socio-Cultural Shaping of Emotion*. Cambridge University Press.
- Willroth, E.C., Young, G., Tamir, M., & Mauss, I.B. (2023). Judging emotions as good or bad: Individual differences and associations with psychological health. *Emotion*, 23(7), 1876-1890.
- Mizrahi Lakan, S., Millgram, Y., & Tamir, M. (2023). Desired Sadness, Happiness, Fear and Calmness in Depression: The Potential Roles of Valence and Arousal. *Emotion*, 23(4), 1130–1140. <https://doi.org/10.1037/emo0001120>
- Millgram, Y., Mizrahi Lakan, S., Joormann, J., Nahum, M., Shimony, O., & Tamir, M. (2023). Choosing to avoid the positive? Emotion regulation strategy choice in depression. *Journal of Psychopathology and Clinical Science*, 132(6), 669–680. <https://doi.org/10.1037/abn0000835>
- Vishkin, A., Kitayama, S., Berg, M. K., Diener, E., Gross-Manos, D., Ben-Arieh, A., & Tamir, M. (2023). Adherence to emotion norms is greater in individualist cultures than in collectivist cultures. *Journal of Personality and Social Psychology*, 124(6), 1256–1276. <https://doi.org/10.1037/pspi0000409>
- Yik, M., Mues, C., Sze, I. N. L., Kuppens, P., Tuerlinckx, F., De Roover, K., Kwok, F. H. C., Schwartz, S. H., Abu-Hilal, M., Adebayo, D. F., Aguilar, P., Al-Bahrani, M., Anderson, M. H., Andrade, L., Bratko, D., Bushina, E., Choi, J. W., Ciecuch, J., Dru, V., . . . Russell, J. A. (2023). On the relationship between valence and arousal in samples across the globe. *Emotion*, 23(2), 332–344. <https://doi.org/10.1037/emo0001095>
- López-Pérez, B., Gummerum, M., Jimenez, M., & Tamir, M. (2023). What do I want to feel? Emotion goals in childhood, adolescence, and adulthood. *Child Development*, 94, 315-328.
- Gutentag, T., & Tamir, M. (2022). Putting effort into emotion regulation: Manipulating desirability and motivational strength. *Affective Science*, 3, 878-893.
- Hasson, Y., Amir, E., Sobol-Sarag, D., Tamir, M., Halperin, E. (2022). Using performance art to promote intergroup prosociality by cultivating the belief that empathy is unlimited. *Nature Communications*, 13, 7786-7801.
- Ran, S., Reifen Tagar, M., Tamir, M., & Halperin, E. (2022). The Apple Doesn't "Feel" Far from the Tree: Mother-Child Socialization of Intergroup Empathy. *Personality and Social Psychology Bulletin*, 49(1), 3-19.

- Gutentag, T., John, O. P., Gross, J. J., & Tamir, M. (2022). Incremental Theories of Emotion Across Time: Temporal Dynamics and Correlates of Change. *Emotion*, 22(6), 1137-1147.
- Kirby, K. D., Qian, W., Adiguzel, Z., Jahanshahi, A. A., Bakracheva, M., Ballestas, M. C. O., Cruz, J. F. A., Dash, A., Dias, C., Ferreira, M. J., Goosen, J. G., Kamble, S. V., Mihaylov, N. L., Pan, F., Sofia, R., Stallen, M., Tamir, M., van Dijk, W. W., Vitterso, J., & Smith, C. A., (2022). Appraisal and coping predict health and well-being during the covid-19 pandemic: An international approach. *International Journal of Psychology*, 57(1), 49-62.
- Solak, N., Tamir M., Sümer, N., Jost, J. T., & Halperin, E. (2021). Expressive suppression as an obstacle to social change: Linking system justification, emotion regulation, and collective action. *Motivation and Emotion*, 45(5), 661-682.
- Millgram, Y., Gruber, J., Villanueva, C. M., Rapoport, A., & Tamir, M. (2021). Motivations for Emotions in Bipolar Disorder. *Clinical Psychological Science*, 9(4), 666-685. <https://doi.org/10.1177/2167702620979583>
- Tamir, M. (2021). Effortful emotion regulation as a unique form of cybernetic control. *Perspectives on Psychological Science*, 16(1), 94-117. <https://doi.org/10.1177/1745691620922199>
- Kyriazi, F. S., Bogaerts, S., Tamir, M., Denissen, J. J. A., & Garofalo, C. (2021). Emotion goals: A missing piece in research on psychopathy and emotion regulation. *Journal of Personality Disorders*, 35, 57-82
- Netzer, L., Halperin, E., & Tamir, M. (2020). Be Afraid, Be Very Afraid! Motivated Intergroup Emotion Regulation. *Personality and Social Psychology Bulletin*, 46(11), 1596-1613. <https://doi.org/10.1177/0146167220910833>
- Millgram, Y., Huppert, J. D., & Tamir, M. (2020). Emotion Goals in Psychopathology: A New Perspective on Dysfunctional Emotion Regulation. *Current Directions in Psychological Science*, 29, 242-247.
- Vishkin, A., Schwartz, S. H., Ben-Nun Bloom, P., Solak, N., & Tamir, M. (2020). Religiosity and desired emotions: Belief maintenance or prosocial facilitation? *Personality and Social Psychology Bulletin*, 46, 1090-1106.
- Vishkin, A., & Tamir, M. (2020). Fear not: Religion and emotion regulation in coping with existential concerns. In K. E. Vail III & C. Routledge (eds.), *The Science of Religion, Spirituality, and Existentialism* (pp. 325-338). Oxford, UK: Elsevier.
- Vishkin, A., Hasson, Y., Millgram Y., & Tamir, M. (2020). One size does not fit all: Tailoring cognitive reappraisal to different emotions. *Personality and Social Psychology Bulletin*, 46, 469-484.

- Tamir, M., Vishkin, A., & Gutentag, T. (2020). Emotion regulation is motivated. *Emotion*, 20, 115-119.
- Porat, R., Tamir, M., & Halperin, E. (2020). Group-Based Emotion Regulation: A Motivated Approach. *Emotion*, 20, 16-20.
- Garofalo, C., López-Pérez, B., Gummerum, M., Hanoach, Y., & Tamir, M. (2020). Emotion Goals: What do Sexual Offenders Want to Feel? *International Journal of Offender Therapy and Comparative Criminology*, 63, 2611-2629.
- Benita, M., Kehat, R., Zaba, R., Blumenkrantz, Y., Kessler, G., Bar-Sella, A., & Tamir, M. (2019). Choosing to regulate emotions: Pursuing emotion goals in autonomy supportive and controlling contexts. *Personality and Social Psychology Bulletin*, 45, 1666-1680.
- Vishkin, A., Ben-Nun Bloom, P., Schwartz, S., Solak, N., & Tamir, M. (2019). Religiosity and emotion regulation. *Journal of Cross-Cultural Psychology*, 50, 1050-1074.
- Ben-Nun Bloom, P., Vishkin, A., Ben-Nun, P., Korenman, M., & Tamir, M. (2019). Religion and anti-immigration sentiments in context: Field studies in Jerusalem. *The International Journal for the Psychology of Religion*, 29, 77-93.
- Tamir, M., Halperin, E., Porat, R., Bigman, Y. E., & Hasson, Y. (2019). When there's a will, there's a way: Disentangling the effects of goals and means in emotion regulation. *Journal of Personality and Social Psychology*, 116, 795-816.
- Hasson, Y., Tamir, M., Brahm, K.S., Cohrs, J.C., & Halperin, E. (2019) Are liberals and conservatives equally motivated to feel empathy toward others? *Personality and Social Psychology Bulletin*, 44, 1449-1459.
- Vishkin, A., Ben-Non Bloom, P., & Tamir, M. (2019). Always look on the bright side of life: Religiosity, emotion regulation and well-being in a Jewish and a Christian Sample. *Journal of Happiness Studies*, 20, 427-447.
- Ben-Nun Bloom P., Vishkin, A., Ben-Nun, P., Korenman, M. & Tamir, M. (2019): Religion and Anti-Immigration Sentiments in Context: Field Studies in Jerusalem. *The International Journal for the Psychology of Religion*, 29, 77-93.
- Porat, R., Tamir, M., Wohl, M., Gur, T & Halperin, E. (2019). Motivated emotion and the rally around the flag effect: Liberals are motivated to feel collective angst (like Conservatives) when faced with existential threat. *Cognition and Emotion*, 33, 480-491.
- Millgram, Y., & Tamir, M. (2019). Positive and Negative Emotion Regulation Goals in Psychopathology. To appear in Gruber, J. (Ed.), *Oxford Handbook of Positive Emotion and Psychopathology* (pp. 37-49). New York, NY: Oxford University Press.

- Hasan-Aslih, S., Netzer, L., Tamir, M., Saguy, T., Van Zomeren, M., Halperin, E. (2019). When we want them to fear us: the motivation to influence outgroup emotions in collective action. *Group Processes and Intergroup relations*, 22, 724-245.
- Millgram, Y., Joormann, J., Huppert, J. D., Lampert, A., & Tamir, M. (2019). Motivations to experience happiness and sadness in depression: Temporal stability and implications for coping with stress. *Clinical Psychological Science*, 7, 143-161.
- Millgram, Y., Sheppes, G., Kuppens, P., Kalokerinos, E. K., & Tamir, M. (2019). Do the ends dictate the means in emotion regulation? *Journal of Experimental Psychology: General*, 148, 80-96.
- Schwartz, A., Eyal, T., & Tamir, M. (2018). Emotions and the big picture: The effects of construal level on emotional preferences. *Journal of Experimental Social Psychology*, 78, 55-65
- Salomon, T., Botvinik-Nezer, R., Gutentag, T., Gera, R., Iwanir, R., Tamir, M., & Schonberg, T. (2018). The cue-approach task as a general mechanism for long-term non-reinforced behavioral change. *Scientific Reports*, 8, 3614.
- Netzer, L., Gutentag, T., Kim, M. Y., Solak, N., & Tamir, M. (2018). Evaluations of emotions: Distinguishing between affective, behavioral and cognitive components. *Personality and Individual Differences*, 135, 13-24.
- De Castella, Platow, Tamir, & Gross (2018). Beliefs about emotion: Implications for avoidance-based emotion regulation and psychological health. *Cognition and Emotion*, 32, 773-795.
- Tamir, M. (2018). Commentary on Jamieson, Hangen, Lee and Yaeager: What Should We Regulate to Promote Adaptive Functioning and How? *Emotion Review*, 10, 65-57.
- Shoval, N., Schvimer, Y., & Tamir, M. (2018). Real-time measurement of tourists' objective and subjective emotions in time and space. *Journal of Travel Research*, 57, 3-16.
- Shoval, N., Schvimer, Y., & Tamir, M. (2018). Tracking technologies and urban analysis: Adding the emotional dimension. *Cities*, 72, 34-42.
- Ma, X., Tamir, M. & Miyamoto, Y. (2018). A socio-cultural instrumental approach to emotion regulation: Culture and the regulation of positive emotions. *Emotion*, 18, 138-152.
- Tamir, M., & Bigman, Y. E. (2018). Expectations influence how emotions shape behavior. *Emotion*, 18, 15-25.

- Tamir, M., & Gutentag, T. (2017). Desired emotional states: Their nature, causes, and implications for emotion regulation. *Current Opinion in Psychology*, 17, 84-88.
- Bigman, Y. E., Sheppes, G., & Tamir, M. (2017). Less is more in emotion regulation: The availability of regulation options impairs efficacy. *Emotion*, 17, 993-1006.
- Tamir, M., Schwartz, S. H., Oishi, S., & Kim, M. (2017). The secret to happiness: Feeling good or feeling right? *Journal of Experimental Psychology: General*, 146, 1448-1459.
- Markovitch, N., Netzer, L., & Tamir, M. (2017). What you like is what you try to get: Attitudes toward emotions and situation selection. *Emotion*, 17, 728-739.
- Kalokerinos, E. K., Tamir, M., & Kuppens, P. (2017). Instrumental motives in negative emotion regulation in daily life: Frequency, consistency, and predictors. *Emotion*, 17, 648-657.
- Gutentag, T., Halperin, E., Porat, R., Bigman, Y., & Tamir, M. (2017). Successful emotion regulation requires both conviction and skill: Beliefs about the controllability of emotions, reappraisal, and regulation success. *Cognition and Emotion*, 31, 1225-1233.
- Tamir, M., & Millgram, Y. (2017). Motivated Emotion Regulation: Principles, Lessons, and Implications of a Motivational Analysis of Emotion Regulation. In A. J. Elliot (Ed.), *Advances in Motivation Science* (pp. 207–247).
- Bigman, Y. & Tamir, M. (2016). The road to heaven is paved with effort: Perceived effort amplifies moral judgment. *Journal of Experimental Psychology: General*, 145, 1654-1669.
- Bigman, Y., Mauss, I. B., Gross, J. J., & Tamir, M. (2016). Yes I can: Self-efficacy beliefs promote successful emotion regulation. *Cognition and Emotion*, 30, 1380-1387.
- Tamir, M., Schwartz, S. H., Cieciuch, J., Riediger, M., Torres, C., Scollon, C., Dzokoto, V., Zhou, X., Vishkin, A. (2016). Desired emotions across cultures: A value-based account. *Journal of Personality and Social Psychology*, 111, 67-82.
- Porat, R., Halperin, E., & Tamir, M. (2016). What we want is what we get: Group-based emotional preferences and conflict resolution. *Journal of Personality and Social Psychology*, 110, 167-190.
- Tamir, M. (2016). Why do people regulate their emotions? A taxonomy of motives in emotion regulation. *Personality and Social Psychology Review*, 20, 199-222.
- Kivity, Y., Tamir, M., & Huppert, J. D. (2016). Self-acceptance of negative emotions: The positive relationship with effective cognitive reappraisal. *International Journal of Cognitive Therapy*, 9, 279-294.

- Vishkin, A., Bigman, Y. E., Porat, R., Solak, N., Halperin, E., & Tamir, M. (2016). God rest our hearts: Religiosity and cognitive reappraisal. *Emotion, 16*, 252-262.
- Porat, R., Halperin, E., Mannheim, I., & Tamir, M. (2016). Together we cry: Social motives and preferences for group-based sadness. *Cognition and Emotion, 30*, 66-79.
- Markovitch, N., Netzer, L., & Tamir, M. (2016). Will you touch a dirty diaper? Attitudes toward emotions and behavior. *Cognition and Emotion, 30*, 592-602.
- Wayne, C., Porat, R., Tamir, M., & Halperin, E. (2016). Rationalizing conflict: The polarizing role of accountability in ideological decision-making. *Journal of Conflict Resolution, 60*, 1473-1502.
- Ford, B. Q., Dmitrieva, J. O., Heller, D., Chentsova-Dutton, Y., Grossmann, I., Tamir, M., Uchida, Y., Koopmann-Holm, B., Uhrig, M., Floerke, V., Bokhan, T., & Mauss, I. B. (2015). Culture shapes whether the pursuit of happiness predicts higher or lower well-being. *Journal of Experimental Psychology: General, 144*, 1053-1062.
- Netzer, L., Van Kleef, G. A., Tamir, M. (2015). Interpersonal Instrumental Emotion Regulation. *Journal of Experimental Social Psychology, 58*, 124-135.
- Kim, M. Y., Ford, B. Q., Mauss, I. B., Tamir, M. (2015). Knowing when to seek anger: Psychological health and context-sensitive emotional preferences. *Cognition and Emotion, 29*, 1126-1136.
- Millgram, Y., Joormann, J., Huppert, J. D., & Tamir, M. (2015). A Matter of Choice? Maladaptive Emotion Regulation Goals in Depression. *Psychological Science, 26*, 1216-1228.
- Netzer, L., Igra, L., Bar Anan, Y., & Tamir, M. (2015). When Bad Emotions seem Better: Experience Changes the Automatic Evaluation of Anger. *Social Psychological and Personality Science, 6*, 797-804.
- Kim, M. Y., Bigman, Y., & Tamir, M. (2015). Emotion regulation. Chapter to appear in J. D. Wright (Ed.), *International Encyclopedia of Social and Behavioral Sciences*, 2nd Ed. (pp. 452-456). Oxford, UK: Elsevier.
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- Vishkin, A., Bigman, Y., & Tamir, M. (2014). Religion, emotion regulation, and well-being. In C. Kim-Prieto (Ed.), *Positive Psychology of Religion and Spirituality across Cultures* (pp. 247-269). New York, NY: Springer.

- Tamir, M., & Bigman, Y. (2014). Why might people want to feel bad? Motives in contra-hedonic emotion regulation. In W. G. Parrott (Ed.), *The Positive Side of Negative Emotions* (pp. 201-223). New York, NY: Guilford Press.
- Mauss, I. B., & Tamir, M. (2014). Emotion goals: How their content, structure, and operation shape emotion regulation. In J. J. Gross (Ed.), *The Handbook of Emotion Regulation*, 2nd Ed (pp. 361-375). New York, NY: Guilford Press.
- Ford, B. Q., & Tamir, M. (2014). Preferring familiar emotions: As you want (and like) it? *Cognition and Emotion*, 28, 311-324.
- Tamir, M., Ford, B. Q., & Gilliam, M. (2013). Evidence for utilitarian emotion regulation. *Cognition and Emotion*, 27, 483-491.
- Goldstein, T. R., Tamir, M., & Winner, E. (2013). Expressive suppression and acting classes. *Psychology of Aesthetics, Creativity, and the Arts*, 7, 191-196.
- Tamir, M., Ford, B. Q., & Ryan, E. (2013). Nonconscious Goals Can Shape What People Want to Feel. *Journal of Experimental Social Psychology*, 49, 292-297.
- Halperin, E., Porat, R., Tamir, M., & Gross, J. J. (2013). Can emotion regulation change political attitudes in intractable conflict? From the laboratory to the field. *Psychological Science*, 24, 106-111.
- Tamir, M., & Ford, B. Q. (2012). Should people pursue feelings that feel good or feelings that do good? Emotional preferences and well-being. *Emotion*, 12, 1061-1070.
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- Ford, B. Q. & Tamir, M. (2012). When getting angry is smart: Emotional preferences and emotional intelligence. *Emotion*, 12, 685-689.
- Tamir, M., & Ford, B. Q. (2012). When feeling bad is expected to be good: Emotion regulation and outcome expectancies in social conflicts. *Emotion*, 12, 807-816.
- Ford, B. Q., Tamir, M., Gagnon, S., Taylor, H., & Brunye, T. (2012). The angry spotlight: Trait anger and selective visual attention to rewards. *European Journal of Personality*, 26, 90-98.
- Rusk, N., Rothbaum, F., & Tamir, M. (2011). Performance and learning goals for emotion. *Motivation and Emotion*, 35, 444-460.
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- Tamir, M. (2011). The maturing field of emotion regulation. *Emotion Review*, 3, 3-7.
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- Tamir, M., & Gross, J. J. (2011). Beyond pleasure and pain? Emotion regulation and positive psychology. In K. Sheldon, T. Kashdan, & M. Steger (Eds.), *Designing the future of positive psychology: Taking stock and moving forward* (pp. 89-100). Oxford University Press.
- Robinson, M. D., & Tamir, M. (2011). A task-focused mind is a happy and productive mind: A processing perspective. In K. Sheldon, T. Kashdan, & M. Steger (Eds.), *Designing the future of positive psychology: Taking stock and moving forward* (pp. 160-174). Oxford University Press.
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- Holland, A., Kensinger, E. A., & Tamir, M. (2010). The effect of regulation goals on emotional event-specific knowledge. *Memory*, 18, 504-521.
- Ford, B. Q., Tamir, M., Brunye, T. T., Shirer, W. R., Mahoney, C. R., & Taylor, H. A. (2010). Keeping your eyes on the prize: Anger and visual attention to threats and rewards. *Psychological Science*, 21, 1098-1105.
- Tamir, M., & Ford, B. Q. (2009). Choosing to be afraid: Preferences for fear as a function of goal pursuit. *Emotion*, 9, 488-497.
- Tamir, M. (2009). What do people want to feel and why? Pleasure and utility in emotion regulation. *Current Directions in Psychological Science*, 18, 101-105.
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- Tamir, M. (2009). Differential preferences for happiness; Extraversion and trait-consistent emotion regulation. *Journal of Personality*, 77, 447-470.
- Robinson, M. D., Meier, B. P., Tamir, M., Wilowski, B.M., & Ode, S. (2009). Behavioral facilitation: A cognitive model of individual differences in approach motivation. *Emotion*, 9, 70-82.

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- Tamir, M., Mitchell, C., & Gross, J. J. (2008). Hedonic and instrumental motives in anger regulation. *Psychological Science, 19*, 324-328.
- Tamir, M., Chiu, C. Y., & Gross, J. J. (2007). Business or pleasure? Utilitarian versus hedonic considerations in emotion regulation. *Emotion, 7*, 546-554.
- Tamir, M., & Robinson, M. D. (2007). The happy spotlight: Positive mood and selective attention to rewarding information. *Personality and Social Psychology Bulletin, 33*, 1124-1136.
- Tamir, M., John, O. P., Srivastava, S., & Gross, J. J. (2007). Implicit theories of emotion: Affective and social outcomes across a major life transition. *Journal of Personality and Social Psychology, 92*, 731-744.
- Tamir, M., Robinson, M. D., & Solberg, E. C. (2006). You may worry, but can you recognize threats when you see them?: Neuroticism, threat identifications, and negative affect. *Journal of Personality, 74*, 1481-1506.
- Diener, E., Tamir, M., & Scollon, C. N. (2006). Happiness, life satisfaction, and fulfillment: The social psychology of subjective well-being. In P. Van Lange (Ed.), *Bridging social psychology* (pp. 319-324). Mahwah, NJ: Erlbaum.
- Tamir, M. (2005). Don't worry, be happy? Neuroticism, trait-consistent affect regulation, and performance. *Journal of Personality and Social Psychology, 89*, 449-461.
- Kim-Prieto, C., Diener, E., Tamir, M., Scollon, C. N., & Diener, M. (2005). Integrating the diverse definitions of happiness: A time-sequential framework of subjective well-being. *Journal of Happiness Studies, 6*, 261-300.
- Robinson, M. D., & Tamir, M. (2005). Neuroticism as mental noise: A relation between neuroticism and reaction time standard deviations. *Journal of Personality and Social Psychology, 89*, 107-114.
- Tamir, M., & Robinson, M. D. (2004). Knowing good from bad: The paradox of neuroticism, negative affect, and evaluative processing. *Journal of Personality and Social Psychology, 87*, 913-925.
- Tamir, M., Robinson, M. D., Clore, G. L., Martin, L. L., & Whitaker, D. (2004). Are we puppets on a string?: The contextual meaning of unconscious expressive cues. *Personality and Social Psychology Bulletin, 30*, 237-249.

- Biswas-Diener, R., Diener, E., & Tamir, M. (2004). What the Greeks and self-help books haven't told you about happiness. *Daedalus*, 18-25.
- Robinson, M. D., Vargas, P. T., Tamir, M., & Solberg, E. C. (2004). Using and being used by categories: The case of negative evaluations and daily well-being. *Psychological Science*, 15, 521-526.
- Robinson, M. D., Solberg, E. C., Vargas, P., & Tamir, M. (2003). Trait as default: Extraversion, subjective well-being, and the distinction between neutral and positive events. *Journal of Personality and Social Psychology*, 85, 517-527.
- Robinson, M. D., Rokke, P. D., & Tamir, M. (2003). Feeling about thinking: The role(s) of affect in social cognition. *Contemporary Psychology: APA Review of Books*, 48, 356-358.
- Tamir, M., Robinson, M. D., & Clore, G. L. (2002). The epistemic benefits of trait-consistent mood states: An analysis of extraversion and mood. *Journal of Personality and Social Psychology*, 83, 663-677.
- Clore, G. L., & Tamir, M. (2002). Affect as embodied information. *Psychological Inquiry*, 13, 37-45.

KEYNOTES AND INVITED TALKS

- Tamir, M. (2024). *Emotion Regulation and Culture*. Invited talk at the Research Center for Groups Dynamics (RCGD). Seminar Series on Psychological Diversity Across the Globe, University of Michigan – Ann Arbor.
- Tamir, M. (2023). *Emotion Regulation and Culture*. Invited talk at the Faculty of Social Sciences, Hitotsubashi University, Tokyo, Japan.
- Tamir, M. (2023). *Emotion Regulation and Culture*. Invited talk at the Institute for the Future of Human Society, Kyoto University
- Tamir, M. (2023). *Where It All Begins: Motivation in Emotion Regulation*. Invited talk at the Emotion Regulation Pre-Conference to the annual meeting of the Society for Affective Science, Long Beach, CA, USA.
- Tamir, M. (2022). *Navigating our Emotions*. Invited keynote, The Consortium of European Research on Emotion, Granada, Spain
- Tamir, M. (2021). *Emotion: A toolbox*. Invited talk, BrainEvents: Understanding Emotions. Edmond and Lily Center for Brain Sciences, The Hebrew University of Jerusalem

- Tamir, M. (2021). *Motivated Emotion Regulation*. Invited talk, Emotion Regulation Workshop, University of Heidelberg.
- Tamir, M. (2021). *Navigating Emotions*. Invited keynote speaker at the annual meeting of the German Psychological Society, Graz, Germany.
- Tamir, M. (2021). *Emotions are a Many-Splendored Thing*. Invited keynote speaker at the ACM UbiComp workshop on emotion sensing, Melbourne, Australia.
- Tamir, M. (2018). *The End is the Beginning: Emotion Goals Drive Emotion Regulation*. Invited talk at the annual meeting of the Association for Psychological Science, San Francisco, CA.
- Tamir, M. (2018). *Emotion as Placebo*. Invited talk at the annual meeting of the Society for Affective Science, Los Angeles, CA.
- Tamir, M. (2017). *Feeling Good vs. Feeling Right*. Invited talk at the Positive Emotions Pre-Conference to the annual meeting of the Society for Affective Science, Boston, MA.
- Tamir, M. (2016). *Anger: The Good, Bad, and the Malleable*. Invited talk at the 28th annual convention of the Association for Psychological Science, Chicago, IL.
- Tamir, M. (2015). *What Do People Want to Feel and Why?: Goals and Motives in Emotion Regulation*. Invited keynote address to be presented at the 6th International Conference on emotions, emotion regulation and health, Tilburg, Netherlands.
- Tamir, M., & Halperin, E. (2015). *Motivated Intergroup Emotion Regulation*. Invited presentation at the Emotion Pre-Conference to the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Tamir, M. (2014). *Evaluating emotions*. Invited presentation at the Inaugural conference of the Society for Affective Science, Washington DC.
- Tamir, M., (2013). *Social Motives in Emotion Regulation*. Invited presentation at the Amsterdam Symposium on the Social Nature of Emotions, Amsterdam, Netherlands.

PROFESSIONAL SERVICE

International Societies and Grant Panels

- | | |
|------|---|
| 2023 | Past-President, <i>Society for Affective Science</i> |
| 2022 | President, <i>Society for Affective Science</i> |
| 2021 | President-elect, <i>Society for Affective Science</i> |

2021	Member, Sustainability Grant Panel, German-Israeli Foundation
2021	Member, Regular Research Grant Panel, Israeli Science Foundation
2019	Co-chair, Young Investigators Panel, German-Israeli Foundation
2016-2020	Member, Outreach Committee, Society for Affective Science
2016	Member, Regular Research Grant Panel, Israeli Science Foundation
2008	Member, Minority Post Doctorate Panel, National Science Foundation

University Functions

2023	Member, Advisory Board to Hiring Committee, Psychology Department, Hebrew University
2022-present	Member, Tenure and Promotion Committee, Natural Sciences, Hebrew University
2022-present	Chair, Research Masters, Psychology Department, Hebrew University
2022-present	Member, Hiring Committee, Social Sciences, Hebrew University
2021	Member, Future of Teaching, Social Sciences, Hebrew University
2018	Chair, Research Committee, Social Sciences, Hebrew University
2015-2018	Chair, Doctoral Committee, Psychology Department, Hebrew University
2015-2016	Member, Hiring Committee, Social Sciences, Hebrew University
2013-2023	Member, Hiring and Development Committee, Psychology Department, Hebrew University
2012-2016	Chair, Social Psychology Program, Hebrew University
2010-2011	Member, Social Psychology Program, Hebrew University

EDITORIAL DUTIES

2022-present	Editorial Board, <i>Psychological Inquiry</i>
2021-present	Editorial Board, <i>Affective Science</i>
2020-present	Editorial Board, <i>Psychological Bulletin</i>
2020-present	Editorial Board, <i>Journal of Personality and Social Psychology-IRG</i>
2020-present	Editorial Board, <i>Emotion</i>
2015-present	Co-Editor, <i>Cambridge Series on Emotion and Social Interaction</i>
2017-2019	Action Editor, <i>Journal of Personality and Social Psychology-PPID</i>
2012-2018	Action Editor, <i>Emotion Review</i>
2011-2015	Action Editor, <i>Emotion</i>
2011-2015	Editorial Board, <i>Psychological Science</i>
2011-2014	Editorial Board, <i>Journal of Experimental Psychology: General</i>
2009-2011	Co-Editor, Emotion and Motivation, <i>Social Psychology and Personality Compass</i>
2010-2011	Editorial Board, <i>Emotion</i>

- 2010 Guest editor, Special issue on emotion regulation, *Emotion Review*
 2009-2016 Editorial Board, *Journal of Personality and Social Psychology-PPID*
 2008-2015 Editorial Board, *Personality and Social Psychology Bulletin*

AD HOC REVIEWER

Affective Science, American Psychologist, Anxiety Stress and Coping, Basic and Applied Social Psychology, Behaviour Research and Therapy, Behavior Research Methods, British Journal of Clinical Psychology, British Journal of Social Psychology, Clinical Psychological Science, Cognition and Emotion, Cognitive Therapy and Research, Current Directions in Psychological Science, Current Psychology, Emotion, Emotion Review, European Journal of Personality, European Journal of Social Psychology, Frontiers in Behavioral Neuroscience, Frontiers in Psychology, Frontiers in Public Health, Journal of Affective Disorders, Journal of Applied Social Psychology, Journal of Experimental Social Psychology, Journal of Happiness Studies, Journal of Individual Differences, Journal of Personality, Journal of Personality and Social Psychology, Journal of Positive Psychology, Journal of Psychiatric Research, Journal of Research in Personality, Motivation and Emotion, Motivation Science, Personality and Individual Differences, Personality and Social Psychology Bulletin, Personality and Social Psychology Review, Perspectives on Psychological Science, Proceedings of the National Academy of Sciences, Psychology and Aging, Psychological Bulletin, Psychological Reports, Psychological Science, Review of General Psychology, Scientific Reports, Self and Identity, Social Cognition, Social and Personality Psychology Science

CONFERENCES ORGANIZED

- 2008-2009 Emotion preconference to the annual meeting of the Society of Personality and Social Psychology, co-organizer.

CONFERENCE SYMPOSIA CHAIRED

- Tamir, M. (March, 2023). *Emotion Regulation from a Cultural Perspective*. Presidential symposium presented at the annual meeting of the Society for Affective Science, Long Beach, CA, USA.
- Tamir, M. (February, 2022). *Managing unpleasant emotions around the globe during a global pandemic*. Co-Chair with Yulia Chentsova-Dutton, Symposium presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Tamir, M. (September, 2013). *Emotion and its Regulation in Intergroup Conflicts*. Chair, Symposium presented at the annual meeting of the Society of Experimental Social Psychology, Berkeley, CA.

- Tamir, M. (January, 2011). *Too Much of a Good Thing? A Closer Look at Happiness and Well-Being*. Chair, Symposium presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Tamir, M. (February, 2009). *What Do People Want to Feel? Exploring Motives in Emotion Regulation*. Chair, Symposium presented at the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Tamir, M., & Gross, J. J. (January, 2005). *Individual Differences in Affect Regulation*. Co-Chairs, Symposium presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

CONFERENCE PAPER PRESENTATIONS _____

- Hu, D., Kalokerinos, E., & Tamir, M. (2024, July). *Flexibility or instability? Emotion goal dynamics and mental health*. Talk presented at the annual meeting of the International Society for Research on Emotion, Belfast, Ireland.
- Hu, D., Mizrahi Lakan, S., Kalokerinos, E., & Tamir, M. (March, 2024). *Stuck with the foot on the pedal: Depression and motivated emotion regulation in daily life*. Paper presented at the annual meeting of the Society for Affective Science, New Orleans, LA, USA.
- Hu, D. & Tamir, M. (May, 2023). *Stuck with the foot on the pedal: Depression and motivated emotion regulation in daily life*. Paper presented at the 9th meeting of the Consortium of European Research on Emotion, Haifa, Israel.
- Boker Segal, N., Hu, D., Ginosar Yaari, S., & Tamir, M. (May, 2023). *Are people good at regulating their emotions good at regulating another's emotions?* Paper presented at the 9th meeting of the Consortium of European Research on Emotion, Haifa, Israel.
- Ginosar Yaari, S., Vishkin, A., Chentsova-Dutton, Y., Miyamoto, Y., Tamir, M. (2023). *Help Yourself? Culture and the Motivation to Alleviate One's Own Distress and the Emotional Distress of Another*. The annual conference of the Consortium of European Research on Emotion conference, Haifa, Israel.
- Tamir, M., Chentsova-Dutton, Y., & Miyamoto, Y., et al. (March, 2022). *Cross-Cultural Differences in Motivated Emotion Regulation during COVID-19*. The annual meeting of the Society of Affective Sciences, Virtual.
- Tamir, M., Chentsova-Dutton, Y., & Miyamoto, Y. (February, 2022). *A Cross-Cultural Study of Emotion Regulation and Psychological Health*. Annual meeting of the Society for Personality and Social Psychology, San Francisco, CA
- Gutentag, T., Kalokerinos, E. K., Garrett, P., & Tamir, M. (May, 2021). *Motivational Strength in Emotion Regulation*. Flash talk presented at the Association for

- Psychological Science (APS) and the International Convention of Psychological Science (ICPS), virtual convention.
- Vishkin, A., Kitayama, S., Berg, M. K., Diener, E., Gross-Manos, D., Ben-Arieh, A., & Tamir, M. (April, 2021). *Emotion norms are stronger in individualist cultures than in collectivist cultures*. The annual meeting of the Society for Affective Sciences, Virtual.
- Vishkin, A., Kitayama, S., Berg, M. K., Diener, E., Gross-Manos, D., Ben-Arieh, A., & Tamir, M. (2021). *Emotion norms are stronger in individualist cultures than in collectivist cultures*. The annual meeting of the Society for Personality and Social Psychology, Virtual.
- Netzer, L., Markovitch, N., & Tamir, M. (2015). *Implicit Attitudes towards Emotions and Emotion Regulation*. The 6th International Conference on emotions, emotion regulation and health, Tilburg, Netherlands
- Tamir, M., & Bigman, Y. (2015). *The Emotional Placebo Effect*. Annual conference of the Society of Experimental Social Psychology, Denver, Colorado.
- Tamir, M., & Millgram, Y. (2015). *Emotion Regulation Goals in Depression*. Annual congress of the European Association for Behavioural and Cognitive Therapies, Jerusalem, Israel.
- Millgram, Y., & Tamir, M. (2015). *Believing in Change: Implicit Theories of Emotion and Emotion Regulation Goals in Depression*. Annual congress of the European Association for Behavioural and Cognitive Therapies, Jerusalem, Israel.
- Bigman, Y., & Tamir, M. (2015). *Emotion-Behavior Links as Self Fulfilling Prophecies*. Annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Cieciuch, J., Davidov, E., Beierlein, C., Schmidt, P., Döring, A. K., Rammstedt, B., Zercher, F., Soutar, G., Louviere, J., Lee, J. A., Tamir, M., Algesheimer, R., & Schwartz, S. H. (2014). *Advances in Basic Human Value Assessment*. Annual meeting of the International Association of Cross-Cultural Psychology, Reims, France.
- Netzer, L., Van Kleef, G. A., & Tamir, M. (2014). *Interpersonal Instrumental Emotion Regulation*. The Consortium of European Research on Emotion Conference (CERE), Berlin, Germany.
- Porat, R., Halperin, E., & Tamir, M. (2014). *Why feel empathetic when you can get angry? Emotional preferences in intractable conflicts*. The Consortium of European Research on Emotion, Berlin, Germany.

- Mauss, I. B., & Tamir, M. (2014). *Less Is More: Emotion Goals, Emotion Experience, and Psychological Health*. The annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Tamir, M., Porat, R., & Halperin, E. (2013). *What do people want to feel in intractable conflicts?* The annual meeting of the Society of Experimental Social Psychology, Berkeley, CA.
- Parrott, W. G., Chentsova Dutton, Y., & Tamir, M. (2013). *Cultural variability in beliefs about the functions of negative emotions*. The meeting of the International Society for Research on Emotion, Berkeley, CA.
- Tamir, M. (2013). *Ask not what you can do for your emotions, but what your emotions can do for you*. Paper presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Halperin, E., Porat, R., Tamir, M., & Gross, E. (2012). *Can emotion regulation change political attitudes in intractable conflict? From the laboratory to the field*. The Consortium of European Research on Emotion, Kent, UK.
- Halperin, E., Wayne, C., Porat, R & Tamir, M. (2012). *Motivation to regulate emotion in political-conflict decision making: The role of accountability and beliefs about emotions*. The ISPP meeting, Chicago, IL.
- Tamir, M. (2011). *Traits as Emotional Affordances: Trait Anger and Instrumental Emotion Regulation*. The annual meeting of the Society of Experimental Social Psychology, Washington DC.
- Tamir, M. & Ford, B. Q. (2011). *Is Seeking Happiness Always Adaptive? Emotional Preferences and Well-Being*. The annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Tamir, M. (2009). *What Will I Get Out of It? Expected Utility and Preferences for Anger*. The annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Tamir, M., & Robinson, M. D. (2006). *A happy spotlight: The effects of positive affect on selective attention*. The annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Robinson, M. D., & Tamir, M. (2006). *Epistemic consequences of mood for affective processing: Interactions of mood and personality*. The annual meeting of the Society for Personality and Social Psychology, Palm Springs, CA.
- Tamir, M. (2005). *Mood regulation preferences as a function of personality and situational demands*. The annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.

- Tamir, M., Robinson, M. D., & Clore, G. L. (2001). *Trait-state congruency in affective processing*. The annual meeting of the Midwestern Psychological Association, Chicago, IL.
- Clore, G. L., Robinson, M. D., Tamir, M., & Centerbar, D. (2002). *When emotions make emotions*. The International Society for Research in Emotions, Cuenca, Spain.
- Clore, G. L., Robinson, M. D., Tamir, M., & Centerbar, D. (2002). *Are emotions responses to stimuli or interpretations of stimuli?* The annual meeting of the Society for Personality and Social Psychology, Savannah, TX.

CONFERENCE POSTER PRESENTATIONS

- Hu, D., Kalokerinos, E., & Tamir, M. (2024). *Flexibility or instability? Emotion goal dynamics and mental health*. *Emotion*. Poster presented at Emotion Regulation Preconference of the annual meeting of the Society for Affective Science, New Orleans, LA.
- Hu, D., Boker Segal, N., & Tamir, M. (2023). *Stuck with the foot on the pedal: Depression and motivated emotion regulation in daily life*. The annual meeting of the Society for Affective Science Meeting, Long Beach, CA.
- Boker Segal, N., Hu, D., Yaari Ginosar, S. & Tamir, M. (2023). *Knowing me, knowing you: Are people good at regulating their emotions good at regulating another's emotions?* The annual meeting of the Society for Affective Science Meeting, Long Beach, CA.
- Millgram, Y., Joormann, J., & Tamir, M. (2022). *Choosing to look away from the positive? Choices of emotion regulation strategies in depression*. The annual meeting of the Society for Affective Science, Virtual.
- Maor, O., Millgram, Y., Cunningham, W. A., Goldenberg, A., & Tamir, M. (2022). *Emotion standards: How the emotions of multiple others shape social judgment*. The annual meeting of the Society for Affective Science, Virtual.
- Villanueva, C. M., Millgram, Y., Tamir, M., & Gruber, J. (2017). *How we want to feel: Explicit preferences for emotion valence and volatility in bipolar I disorder*. The Annual Meeting of the Society for Research in Psychopathology (SRP), Denver, CO.
- Bigman Y. & Tamir, M. (2015). *Beyond Good and Evil – The Morality of Effort*. The pre-conference on morality and justice, the annual meeting of the Society for Personality and Social Psychology, Long Beach, CA.
- Netzer, L., Van Kleef, G. A., & Tamir, M. (2015). *Interpersonal instrumental emotion regulation*. The annual conference of the Society for Affective Science (SAS), Oakland, California, USA.

- Netzer, L., & Tamir, M. (2015). *Implicit attitudes towards emotions and emotional perception*. The annual conference of the Society for Affective Science (SAS), Oakland, California, USA.
- Hansen, N.S., Tepe, E., Tamir, M., Whisman, M., & Gruber, J. (2015). Correlates of perceived emotion malleability in bipolar I disorder and major depressive disorder. The 48th Association for Behavioral and Cognitive Therapies (ABCT) Convention, Philadelphia, PA.
- Hansen, N.S., Tepe, E., Tamir, M., & Gruber, J. (2014). *Can feelings change? Beliefs about emotion malleability in bipolar I disorder and major depressive disorder*. The 28th Society for Research in Psychopathology (SRP) Convention, Evanston, IL.
- Kivity, Y., Huppert, J. D., & Tamir, M. (2011). *Acceptance as a Meta-Emotion Construct : Implications for Effective Emotion Regulation*. The annual meeting of the Association for Behavioral and Cognitive Therapies. Toronto, Canada.
- Goldstein, T. R., & Tamir, M. (2010). *When Emotions are Tools of the Trade: Acting and Emotional Acceptance*. The annual meeting of the Association of Psychological Science, Boston, MA.
- Savino, N., Anderson, C., Tamir, M., & Mauss, I. (2010). *Come On, Get Happy: The Ironic Effects of the Pursuit of Happiness*. The Emotion Preconference to the the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Ford, B. Q., Tamir, M., Brunye, T. T., Shirer, W. R., Mahoney, C. R., & Taylor, H. A. (2010). *The Angry Spotlight: The Effects of Anger on Selective Attention to Threats and Reward*. The annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Hackenbracht, J., & Tamir, M. (2010). *Eliciting help: instrumental motives in sadness regulation*. The annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.
- Tamir, M., & Scollon, C. N. (2009). *Cultural Differences in Preferences for Fear and Excitement*. The annual meeting of the International Society for Research on Emotions, Leuven, Belgium.
- Ford, B. Q., Shirer, W. R., Brunye, T. T., Mahoney, C. R., Taylor, H. A., & Tamir, M. (2009). *The angry spotlight: Selective visual attention to rewards in anger*. The Neuroscience of Emotion: From Reaction to Regulation meeting, Medford, MA.
- Gaudios, F., & Tamir, M. (2009). *The associative learning of affective preferences*. The annual meeting of the Society for Personality and Social Psychology, Tampa, FL.

- Ford, B. Q., & Tamir, M. (2009). *Choosing to be afraid: Preferences for fear as a function of goal pursuit*. The annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Hackenbracht, J., & Tamir, M. (2009). *Preferences for sadness when eliciting help*. The Emotion Preconference to the annual meeting of the Society for Personality and Social Psychology, Tampa, FL.
- Tamir, M. & Robinson, M. D. (2004). *Recognizing bad things can be hedonically pleasing: Traits, implicit approach and avoidance, and mood states*. The annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Unkelbach, C., & Tamir, M. (2004). *Stimmungseinflüsse beim "Face in the Crowd" Effekt* [Mood influences on the "Face in the crowd" Effect]. The annual meeting of the Deutsche Gesellschaft für Psychologie (DGPs), Göttingen, Germany.
- Tamir, M., Robinson, M. D., & Clore, G. L. (2000). *When do we really know what we want? Trait-state congruency in affective processing*. The conference of the International Society for Research on Emotions, Quebec City, Canada.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS _____

Association for Psychological Science (Elected Fellow)
 Society for Affective Science
 Society of Experimental Social Psychology
 Society for Personality and Social Psychology

TEACHING _____

2023-present	Emotion regulation, Instructor
2022-present	Emotion, Instructor
2020-present	Getting to know science: Emotion regulation, Instructor
2019-present	Doctoral student professional workshops, Instructor
2017-2018	Introduction to Psychology, Instructor
2011-2018	Emotion, Instructor
2010-2017	Emotion Regulation, Instructor
2010-2016	Personality Psychology, Instructor
2008-2010	Advanced Topics in Social Psychology, Instructor
2009	The Social Psychology of Emotion, Instructor
2006	Social Cognition, Instructor
2002-2003	Introduction to Personality, Instructor
2002	Research Methods in Personality Psychology, Lab instructor
2001	Research Methods in Social Psychology, Lab instructor
1999-2000	Introduction to Personality, Teaching assistant

MENTORING

Postdoctoral Fellows

Danfei Hu (2022-present)

Nevin Solak, currently an assistant professor at TED University, Turkey

Minyoung Kim, currently an assistant professor at Keimyung University, Korea

Doctoral Student

<i>Graduation date</i>	<i>Students</i>
Expected 2028	Shir Ginosar Yaari
Expected 2026	Noy Zeira, Lisya Kaspi
Expected 2025	Shir Mizarhi Lakan
2022	Shira Ran (scientist, aChors)
2020	Yael Millgram (Assistant Professor, Psychology Department, Tel-Aviv University) Tony Gutentag (Assistant Professor, Medical Education, Tel-Aviv University)
	Yossi Hasson (lead scientist, aChord)
2019	Allon Vishkin (Assistant Professor, Faculty of Industrial Engineering & Management, Israel Institute of Technology)
2017	Yochanan Bigman (Assistant Professor, Business School, Hebrew University of Jerusalem) Liat Netzer (scientist, aChord)
2016	Roni Porat (Assistant Professor, International Relations, Hebrew University)

Masters students

<i>Graduation date</i>	<i>Students</i>
Expected, 2025	Noa Boker Segal, Sam Meyers
2024	Omri Maor, Ayala Salah, Majd Shalesh
2023	Shira Davidi, Maayan Hefner, Gal Berman, Richard Schmidt,
2022	Oren Freud, Yael Tauber, Noy Zeira
2021	Omri Katzav, Tamar Kalman, Emmanuel Shpigel
2020	Akiva Cohen, Rotem Braverman
2019	Rotem Dotan
2018	Reuven Nahum
2016	Yonatan Tzion, Udi Franklin, Rinat Haronian, Avital Lampert, Anna Rappoport, Adi Moscovich
2015	Anna Schwartz, Ittay Mannhaim, Einat Treibich, Limor Burot, Noami Hoffman
2014	Ben Duek, Shir Hammer
2013	Tamar Pelet
2012	Libby Igra, Eyal Pozniak, Yael Millgram
2010	Brett Q. Ford
2009	Frederic Gaudios, Joy Hackenbracht

MEDIA COVERAGE

Understanding emotions (April, 2018). “Crossing Israel”, *Educational Television Channel, Israel*.

The science of emotion (March, 2018). “The Bare Scientist Show”, *Israel Broadcasted University Public Radio*.

Want to win a negotiation? Get mad (November, 2017). *Wall Street Journal*.

Is accepting unpleasant emotions the secret to happiness? (August, 2017). *Psychology Today*.

A key to happiness may be ‘feeling your feelings’, even the negative ones (August, 2017). *Forbes*.

The secret to happiness is giving yourself permission to feel crummy (August, 2017). *Huffpost*.

Israeli researcher discovered why we are unhappy (August, 2017). *Walla Health*.

What should we feel to be happy? (August, 2017). *BBC WORLD TV*

Anger and hatred can make us feel happy, says study (August, 2017). *BBC News*.

Secret to Happiness May Include More Unpleasant Emotions (August, 2017). *APA Press Release*.

Are You Too Emotional? (September 2016). *US News Wellness*

The Rationality of Anger (September, 2015). *The New York Times*

Beyond Happiness: The Upside of Feeling Down (January, 2015). *Psychology Today*

Maya Tamir, Guest Scientist (February, 2014). *Alachson*

Finding Happiness in Angry Music (September, 2013). *The Atlantic*

High on Anxiety (February, 2011). *Newsweek*

The Benefits of Blowing Your Top (July, 2010). *The New York Times*

The Upside of Anger (May, 2008). *Association for Psychological Science Observer*

Das Wunder des Argerns (April, 2008). *Spektrumdirekt.com*

Anger Has an Upside, Study Suggests (March, 2008). *ScienceDaily.com*

How Heavy Metal Prepares You for Heavy Emotions (March, 2008). *NewScientist.com*

Study: People Willing to Get Angry to Win (March, 2008). *United Press International*